

# **TSU SHIN GEN INTERNATIONAL**



## **INSTRUCTORS MANUAL**

### **GRADING PROCEDURES**

# TSG INTERNATIONAL BUDO ASSOCIATION

## GRADING RULES AND PROCEDURES

**The Basic Procedure is the same for Kyu and Dan Grades, when testing at a Seminar or Training Camp.**

**(Testing for Kyu Grades at a Dojo or Club should follow approximately the same procedure.)**

### **Attending Officials during test should be:**

A Chief Grading Officer

One or more Assistant Grading Officers when possible

A Timekeeper

A person with First Aid knowledge is recommended.

### **The Sections:**

Basics on Pads

Fighting Drills or Kata

Continuous Ippon Kumite Drill from 4<sup>th</sup> Kyu

Sparring/Kumite.

### **Minimum Ages:**

The minimum age for testing for 4th Kyu and above is 12 years old.

The minimum age for testing for Shodan is 16 years old.

The minimum age for testing for Nidan is 20 years old.

The minimum age for testing for Sandan is 25 years old.

If those testing for Kyu grades are over 16 years old and the test is in connection with a Dan Grade Test, their Kumite **can** be performed as a Uke during the Dan Grade Kumite!

**Equipment:** All those who are testing and their Uke shall have the following protection: TSG approved Sparring Gloves, Leg protection, Groin protection. Gum Shields are recommended. They must wear the official Gi prescribed by the Tsu Shin Gen International Budo Association!

**A requirement** for those testing for Dan and Kyu Grades is that they have an Uke with them or have an agreement with another student participating in the test!

If the Grading is held in conjunction with a Seminar the Uke shall participate during the whole Seminar and not just at the Grading so that any corrections that may have been made during the Seminar will also be known by the Uke!

### **Grading Procedure:**

1. All those who are to be tested line up facing the Shomen in grade order with the highest grade to their right, their Uke lines up directly behind them.
2. The Bowing procedure to mark the beginning of the Test.

3. Dividing up into the different Grades and where applicable Systems.
4. The aspirants line up in pairs with their Uke.

### **Commands to be used:**

Rei = Bow

Yoi = Get ready

Kamaete = Get into your Fighting Stance

Hajime = Begin

Yame = Stop

Naotte = Return to Fudo Dachi

Mogori = Without counting

### **The Testing of Basic Techniques (Kihon):**

The techniques will be performed with an Uke and on Striking Pads etc.

**All Combinations** from the Fighting Drills or Kata will first be repeated up to 5 times after which the whole Kata or Drill will be performed.

The aspirant **MUST** know each combination by heart and not need to be shown each combination by the Grading Officer. For Juniors this rule can be flexible due to their age!

### **Important!**

It is the responsibility of the Instructor of the person testing to make sure that the person testing is well prepared and knows all their combinations by heart i.e. Fighting Combinations and Fighting Drills and Kata.

### **Fighting Drill or Kata:**

Commands from Fudo Dachi:

Yoi –

Kamaete –

Each combination is performed on command up to 5 times – Naotte.

### **Kata or Drill performed in the Free Sparring Form (Mogori):**

Commands from Fudo Dachi:

Yoi –

Kamaete –

Hajime – every combination is performed without counting–

Naotte.

### **Continues Ippon Kumite Drill:**

The one testing stands in the centre of a ring of opponents.

Commands from Fudo Dachi:

Yoi –

Kamaete –

Hajime – the Drill proceeds for the allotted time –

Yame – Naotte.

**The opponents** attack one at a time with two techniques and the first technique must be a punch to the head the second technique is decided by the Uke. The student counters with a suitable combination and the Uke protects themselves until the student has finished their counter attack and then steps out of the way.

The student must show good variation in their combinations!  
4<sup>th</sup> Kyu, 3<sup>rd</sup> Kyu. 2nd Kyu and 1<sup>st</sup> Kyu – 2 minutes continuous.  
Shodan 3 minutes continuous  
Nidan 4 minutes continuous  
Sandan 5 minutes continuous.

### **Sparring/Fighting Rounds:**

Those who are testing line up in grade order with the highest grade to their right.  
Those who have been chosen from the group who are going to be a Uke make a line outside the grading area. On command the Uke move in front of their appointed opponent.

### **Commands from Fudo Dachi:**

Rei –  
Kamaete –  
Hajime – The Fighting round begins  
Yame –  
Naotte –  
Rei.

The Ukes walk off of the fighting area and return to the Uke group.  
The next line of Ukes walk forward and stand in front of their appointed opponent and the Bowing procedure starts again.

If the same Ukes are going to be used for more than one round, once the opponents have lined up and bowed the last Uke in the line then lines up in front of the first aspirant and all the other Ukes move one position.

Any Uke who has been injured asks for permission to leave the group.

### **Number of rounds:**

Those testing for Dan Grades are required to perform 15 rounds of fighting at 2 minutes each.

### **Final Grading Procedure, Results and Certificates**

All those who have been tested line up in the first row facing the Shomen with the highest grade to their right.

The results are announced and the Certificates awarded by the Chief Grading Officer!

The Bowing procedure to mark the end of the test then takes place and that concludes the Grading!